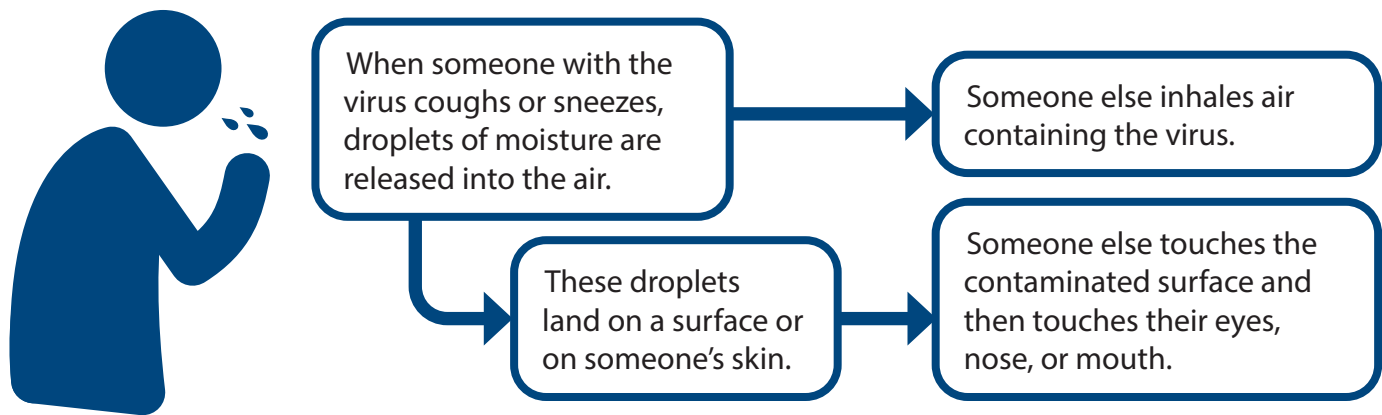


NOVEL CORONAVIRUS (COVID-19)

Coronaviruses are a large family of viruses that cause a range of illnesses, including the common cold. The current outbreak involves a new (“novel”) type of virus which began spreading worldwide in late 2019. The disease caused by this virus is called COVID-19. Once exposed to the virus, people may develop symptoms in as little as two days or as much as two weeks.

How does it spread?



What are the symptoms?



If you have the symptoms shown above **and** you have been in contact with someone who tested positive for COVID-19 or have traveled to a high-risk area, make a phone call to your doctor or your closest hospital. **Do NOT go to the emergency room.**

Protect yourself and those around you.

Most cases of COVID-19 are very mild. However, senior citizens and people who have other medical conditions like heart disease or diabetes may become seriously ill. Everyone can help stop the spread of disease by practicing good hygiene and staying home when you are sick.

- Wash your hands frequently.
- Cover your cough with a tissue or cough in your sleeve.
- Wipe down surfaces that get touched a lot.
- Don't touch your eyes, nose or mouth with unwashed hands.
- Stay away from others if you are coughing and sneezing.

